

An Advent Blessing

May your desire remind you of what you really need,
and may this hope carve out a cave in you
for something beautiful to be born.
May you wait attentively and notice the One
who longs to make an arrival in you.

May the chill of your life be swaddled in peace,
so that your soul can find rest in the warm breast of God.
And may this peace be passed to
your neighbour, the stranger, and to your enemy,
so that they may be soothed soundly this day.

May your attention be drawn
to the breath of this very moment,
so you can enjoy the Reality that you are never alone.
And may this joy enliven you to live
in full participation and partnership
with Spirit who joyfully fills you with life.

May the light that is waning dim around you
be pierced with the steady flame of love.
And may this love soften you
and melt the shadows of fear
that threaten to make your heart go dark.

May you await in hopeful anticipation this month.
May you allow peace to penetrate and pervade your days.
May you attend to the joy that is found in the moment.
And, may you accept that Love
is with you, in you, and is groaning for it all.